

# Motueka Valley Association Newsletter

The River, The Land, The People

July 2022

## The Motueka Catchment Collective has received funding for 8000 native trees

Thanks to the organisation *Trees That Count*, 5000 of these native trees will be planted at 11 community plantings across the catchment to celebrate the Queen's Platinum Jubilee. These public gatherings are great opportunities to meet up with the local community whilst supporting the Motueka Catchment Collective with positive actions on the ground.

All are welcome as we would love you to be involved. Come prepared for planting and bring your own spade!

Please use this link to pre-register your interest in participating in one or more of the community planting events. This will allow us to provide you with the physical address, more information on the individual project and to contact you if the event needs to be delayed due to rain etc.

You can also use this link to become part of the Motueka Catchment Collective and learn more about what we are doing.

<https://www.surveymonkey.com/r/FKR25B8>



## Ngatimoti Community Planting Day

Despite drizzle, it was an inspiring turn-out for the Ngatimoti planting held on Saturday 18<sup>th</sup> June. Over 30 local residents, many from Greenhill Road, came to plant more than 400 native species on an area of private land by the Motueka river.

## Community Planting Days

Mytton Heights  
Saturday, 25th June, 10am

Tapawera-Baton Road  
Thursday, 30th June, 12.30pm

Brooklyn  
Monday, 4th July, 11am

Tadmor Road  
Saturday, 9th July, 10am

Stanley Brook  
Saturday, 23rd July, 10am

Woodstock  
Saturday, 23rd July, 10.30am

Upper Stanley Brook Road  
Tuesday, 26th July, 10am

Clarke Valley Road  
Saturday, 13th August, 10am

Shaggery  
Sunday, 14th August, 10.30am

Herring Stream Road  
Saturday, 27th August



## Sharing the Power of Music *Through* Movement

“*Movement is inherently embedded within music, you cannot have music without movement...*”  
says Marie Willis as she explains her work and joy.

Marie is a Music Educator and past Registered Music Therapist who recently moved to the valley from Auckland with her husband Kamal and their young child. She plays clarinet, piano, flute, recorder and saxophone, and has tutored each of these instruments, taking on her first student in Southampton, UK when she was 15 years old.

After completing her music degree with honours, Marie worked as a teacher aide, specialising in music at a school for children with Autism to gain experience of working with people in community, prior to embarking on further training in Music Therapy. It was during this time that she engaged in a music pedagogy training called Dalcroze Eurhythmics which had an enormous impact upon her, both as a musician and as a person.

Dalcroze Eurhythmics is described as a form of education in music *through* music. Émile Jaques-Dalcroze (1865-1950), Swiss composer and educator, was the originator of this approach to learning and teaching music. Working with students of the Geneva Conservatoire who were technically advanced but whose playing lacked vitality and expressive musicianship, Dalcroze set about formulating an approach that developed a comprehensive array of musicianship skills using whole-body movement to music to train the instrument of the body, the voice, and the ear, and to develop creative improvisation skills.

Eurhythmics means ‘*economy of movement; good rhythm*’. Dalcroze Eurhythmics is not to be confused with Steiner Eurythmy.

Of her training experience in Dalcroze Eurhythmics, Marie writes: “With 11 other University and Conservatoire music graduates, we began a journey of experiencing music and responding to music through our bodies...We marched and ran, leapt and rolled, skipped and shimmied, melted and froze in an instant; we rose and dropped, expanded and recoiled, we stamped and we tip-toed, we raced and lumbered, and we grew to understand music in all its expressive glory...”.

Uprooting from London in 2007, Marie arrived in Auckland. There, she worked as a Registered Music Therapist for eight years alongside engaging with music tutoring roles. When she describes the work she is doing now, Marie exudes with warmth, enthusiasm, and zeal:

“*My greatest passion at the moment is my ‘Musical Moments’ classes and I use some of the tools that come from my training in Dalcroze Eurhythmics with these classes.*”

As Marie explains, the classes are primarily for parents and other adult family members, with an emphasis on encouraging and empowering them to become musical co-creators with their children.

Marie seeks to foster the adult's confidence as a musical being inspired to engage in creating a myriad of musical moments on a daily basis; for the joys of shared music-making, and for the numerous non-musical benefits for carer and for child development.

The hour classes follow a familiar structure, yet with scope for organic flow to suit the needs and inspiration of the moment. Classes begin with a welcome song followed by a warm-up for body and voice and a ‘musical morsel’:

“...a quote I have found, a nugget of inspiration or encouragement for families usually relating to the power of voice or power of song or lullabies, and is a way to encourage parents to sing with their children on a daily basis”, Marie says, “Parents can reflect on this later in the session when there is a parent-sharing time”.



Paying careful attention to matching movements to lyrics and musical elements, Marie offers songs or rhymes related to beat, pitch, positive touch, stimulation, calming; and a song for parents:

“...an encouraging, reassuring type song so when parents are fatigued and up in the middle of the night at 3 o'clock again, they can be singing or humming this song as a reassurance that: *‘this too shall pass, there are other people in the world going through the same as what I’m going through, and I have support.’* It’s more of an adult song they can sing for themselves”, Marie explains.

“The pitch, beat, and movement songs are there as frameworks for parents to use with their children. I encourage them to adapt and improvise with them and to engage in ‘lyric substitution’ which is where you take a familiar song and rewrite the words to suit the moment.”

When families have commenced the 10-class series

(Continued on next page)



## Predator Trapping

Ngatimoti Community Room,  
Wednesday 13th July, 8pm

Aotearoa is planning to be predator-free by 2050. Many local communities around Aotearoa are working hard to get rid of possums, stoats, rats, feral cats and protect our native birdlife. Trapping sites can be found on TrapNZ website.

In the valley, many are experienced with trapping the predators knowing which trap to use, when and where. We are lucky to have Friends of Whio who have several trapping sites along Motueka River with the aim of protecting Whio and their nesting sites.



If you want to learn more about trapping come along to Ngatimoti Community Room where Scott Nicol, a passionate trapper and valley landowner together with Gerald Bruce-Smith from Friends of Flora will be presenting their trapping experiences and tips. They will bring a display of different traps as well and can answer any questions you may have about trapping.

## Sharing the Power of Music Through Movement

(Continued from page 2)

they are sent a link to songs and additional resources as an aid to consolidating the class material. 'Musical Moments' is currently held at Imagine Theatre in Motueka. There is potential for a group in Ngatimoti if there is sufficient interest. For enquires about classes, private tutoring or workshops please email Marie on mariembagley@gmail.com

Fiona Nelson - Reporter

### MUSICAL MOMENTS

#### Music classes for parents and baby to bond through music

Build confidence and competence in being your most musical self to engage your baby in musical moments throughout each day. Foster a joyous interactive musical relationship; sing for the love of singing, and for the many developmental benefits that shared musical engagement has for your child

Register at <http://forms.gle/nJF9eaygoKhGpnwo8>

### MUSIC THROUGH MOVEMENT

#### Group music classes for 5-6 year olds

Movement-centred music classes engaging the body, voice, ear, emotions, imagination and intellect. Explore the wonderful world of music through musical games in a small group setting. Engage in an 'active approach' to music learning which introduces the elements of music through movement, singing and improvising. Understand the joys of music-making through lived-experience prior to specific instrumental study. Register interest for weekly classes. Ngatimoti or Central Motueka.

Enquires to Music Educator/Facilitator, Marie Willis on [mariembaalev@gmail.com](mailto:mariembaalev@gmail.com) 021 0654 572

The next Musical Moments series is due to start in the final week of July. To register interest go to: <https://forms.gle/nJF9eaygoKhGpnwo8>



### Connect on Facebook:

#### Motueka Valley Community

A group with over 2700 members, who are not necessarily living in the valley, but have the valley at heart.

#### Motueka Valley Residents Group

A group for people residing in the Motueka Valley area.

Sign up to receive this newsletter via email!

[www.mva.org.nz](http://www.mva.org.nz)



Do you have local news or a valid community issue to raise?

Let us know!

[newsletter@mva.org.nz](mailto:newsletter@mva.org.nz)

### The Next MVA Meeting Is

Wednesday 13 July, 7.30pm  
Ngatimoti Community Rooms

All Welcome!

## NGATIMOTI SCHOOL NEWS - June 2022

### Terms and Holiday Dates 2022

Term Two: 2 May - 8 July

Queen's Birthday - Monday 6 June

Matariki holiday - Friday 24 June

Term Three: 25 July - 30 September

Term Four: 17 October - 15 December



**He taonga  
rongonui te aroha  
ki te tangata.**

Goodwill towards others  
is a precious treasure.

**NGATIMOTI FESTIVAL DAY - SUNDAY 23 OCTOBER** ☺ Stall holder applications open in Term 3.

Please send expressions of interest to [ngatimotifestival@gmail.com](mailto:ngatimotifestival@gmail.com) or [office@ngatimoti.school.nz](mailto:office@ngatimoti.school.nz)

We are optimistic that our 20<sup>th</sup> Festival is able to go ahead this year. Thank you for your continued support!



*A few hardy students took the plunge for our annual mid-winter swim in the school pool recently!*

We have enjoyed a lot of learning and celebrating around Matariki this year, with a fun and well supported disco, as well as our annual mid-winter swim. We have also had lots of learning about scooters, bikes and road safety, and enjoyed a great performance of 'The Emperor's New Clothes' from NZ Playhouse.



**Swimming Pool Key holders** If you have not yet done so, please return your pool key to the school office for your \$10 refund within school hours or contact the school to arrange. Thank you!

Our students have enjoyed a series of Environmental learning sessions in Term 2 where groups have monitored insect life, helped maintain the health of our local stream, investigated some of the Māori perspectives on environmental issues and planted some native trees up at Ed Stevens' place in Greenhill Road. Thanks Ed!

*Left: Pete gives the thumbs up to our planting programme with Ed.*

**In Term 3** we look forward to more environmental education, including some outdoor cooking and learning about ecological buildings. We also have our 20<sup>th</sup> Festival to plan! Watch this space ☺

New enrolments are welcome at Ngatimoti School. For more information please contact Alison Turner Tel: 03 526 8842.

[office@ngatimoti.school.nz](mailto:office@ngatimoti.school.nz) [www.ngatimoti.school.nz](http://www.ngatimoti.school.nz)





**A MOTUEKA COUNSELLING SERVICE  
WITH EXPERIENCE AND HEART**  
Katerina Seligman m. AANZPA  
Phone: 03 528 0194  
Mobile: 021 159 0263  
Email: katselig@xtra.co.nz

**Iyengar  
YOGA**  
with Mechthild Laufkötter

Tuesday 8.15-10.45am Thursday 8.00-9.30pm  
Community Room Ngairakoti  
Friday 4.30-6.00pm  
St. Andrew Church Hall Motueka

**03 526 8554**

**High quality painting & decorating**

Tony Hahn ensures quality & service second to none on new & refurbished residential & commercial properties in the greater Nelson/Tasman region.  
A local family business with over 30 years' experience.

Phone free: 0800 733326  
Phone: 027 442 5010  
www.hahndecorators.co.nz

- PAINTING
- WALLPAPERING
- WATERBLASTING
- SPRAYPAINTING

**hahndecorators**  
HOME & COMMERCIAL PAINTING & DECORATING SERVICE

**CONTACT**  
COMBINE APPROACH TO CARE

*The difference that makes the difference...*

Camille Nelson  
Advanced Senior Practitioner and Course Facilitator  
[www.motuekacontactcare.co.nz](http://www.motuekacontactcare.co.nz)  
Ph: (03) 526 8223  
021 265 9423

Servicing all your real estate needs throughout Motueka, Riwaka, Brooklyn, Richmond, Stokes, Nelson, Ngatimoti, Tasman, Mapua, Westbank, Ruby Bay, Upper & Lower Moutere districts - **Ray White**

**Big or Small, I Sell it All,**  
Contact:  
**Fay Stoker**

Licensed REAA 2008  
Ray White Motueka  
219 High Street

**022 359 4195**  
[fay.stoker@raywhite.com](mailto:fay.stoker@raywhite.com)

**'Excellence Every Time'**

Ange Palmer  
**Medical Herbalist**

fatigue  
hormones  
gut issues

BAY OF VALLEY CLINIC,  
ONLINE & HOUSE CALLS

[www.angepalmer.com](http://www.angepalmer.com) ~ In practice since 2001 ~

Jacqui's  
Therapies

Beauty, Yoga and Massage Therapy

[jacquijenkins72@gmail.com](mailto:jacquijenkins72@gmail.com)  
Dip M.T NZQA (LHC), Dip B.T, ITEC (NASA), Dip Y.T.T, NZQA (IYTA).

**Ph: 021 1588 319**

**Musical  
magic  
made here!**

Hear magic from your vinyl  
Made in Motueka and sold  
around the world.

**THE WAND**  
TURNTABLE & TONEARM

[www.thewandtonearm.com](http://www.thewandtonearm.com)

**all advertisements  
8.5cm wide \$2 per cm high  
Max. 12cm high**

**Location of AEDs in Motueka Valley**

- **Woodstock Automotive (Kerry Hall)**  
1982 Dovedale Road, Woodstock Junction.
- **Ngatimoti Community Rooms/Fire Station**  
Motueka Valley Highway next to Ngatimoti School
- **Pokororo Hall**  
West Bank Road at corner of Graham Valley Road

Motueka Valley Defibrillator Group is a registered charity (CC50792). Donations towards the maintenance of the AEDs can be made to: Motueka Valley Defibrillator Group, NBS acc # 03-1354-0474291-00 or contact Gloria Anderson, chairperson, on 526 8644 for more information.

**AED**  
Automated External Defibrillator

### FOR SALE

Pea Straw - Medium Square Bales (3x3x6)  
12 Bale equiv: \$140 ea  
These bales are spray free

Linseed Straw - Medium Square Bales (3x3x6)  
12 Bale equiv: \$140 ea  
These bales are organic

Call Marian on 03 543 3613 or txt 021 2400 416  
or email [marianchick@gmail.com](mailto:marianchick@gmail.com)

### Lavish Gardens

Winter Cleanup and Pruning, Maintenance,  
makeovers, green waste removal.

Grant - 03 526 8035  
[grant@lavishgardens.co.nz](mailto:grant@lavishgardens.co.nz)

# BINGO

## Skip Hire

General or Green Waste

Rubbish Skips Available for:

- Residential
- Industrial
- Builder's waste
- Garden waste
- General clean-ups

2 – 8 cubic metre skips available

Phone 03 528 0000

[admin@bingoskiphire.co.nz](mailto:admin@bingoskiphire.co.nz)

[www.bingoskiphire.co.nz](http://www.bingoskiphire.co.nz)



## NGATIMOTI PLAYGROUP

We are a friendly group of parents running play  
sessions for children aged 0 - 6.

We operate every Friday morning during  
term time between 9.15 and 12.15  
at Rathgar House  
(Ngatimoti School Hall,  
Greenhill Road)

Sessions are free and tea  
and coffee is provided.

All are welcome so come along and  
join the fun!

For any enquiries contact Sophie 021 0223 6977

### ST. JAMES CHURCH NGATIMOTI

## Family Service

Sunday 17<sup>th</sup> July at 10:30 a.m.

## Children's Sunday School

Morning tea and social time  
to follow.

*All Welcome*



Sound Choice  
BUSINESS SUPPORT

*Far beyond the numbers*

- ✓ Loving your own business - Dreading your weekly paperwork
- ✓ Starting a new business - Struggling with admin & systems
- ✓ Being your own boss - Fed up with how you spend your time
- ✓ Business is great - Cash flow is poor & accounts are behind



We've got your back. Let us do the behind  
the scenes work or train you to efficiently  
manage your finances, GST, payroll and admin.

**'Energy flows where focus goes.'**

**Turn your business into what it is meant to be, for  
your customers, your community and yourself.**

[www.soundchoice.nz](http://www.soundchoice.nz) | 021 124 2050 | [carla.jehle@soundchoice.nz](mailto:carla.jehle@soundchoice.nz)

## Whare Ranginui Healing Centre

Reiki-healing for animals and people  
Past life regressions  
Aroma Touch



Sylvia 03-5268282  
[sylvia.ranginui@gmail.com](mailto:sylvia.ranginui@gmail.com)





**The Vet Centre**

Motueka, Mapua and Richmond

**FREE TRAVEL Day .. Every Thursday**

- Motueka River Valley • Dovedale • Tapawera
- Upper & Lower Moutere

**Pets - Equine - Farm - Services & Supplies**

**Phone the Motueka Clinic**  
5288459

or Richmond on 03-6445666  
Before 2pm on Wednesdays

to book an appointment with no travel charge  
[www.vetcentre.net.nz](http://www.vetcentre.net.nz)

**ZEALAND ROOFING LTD**



**NIGEL BRUNT**

\*Repairs \*Maintenance \*Expert Advise  
SPECIALISING IN METAL & CONCRETE TILLS

Free No Obligation Quote: Nina Brunt  
0274947946 | [admin@zealandroofing.co.nz](mailto:admin@zealandroofing.co.nz)  
[www.zealandroofing.co.nz](http://www.zealandroofing.co.nz)




**DOCTOR DIG EARTHWORKS**

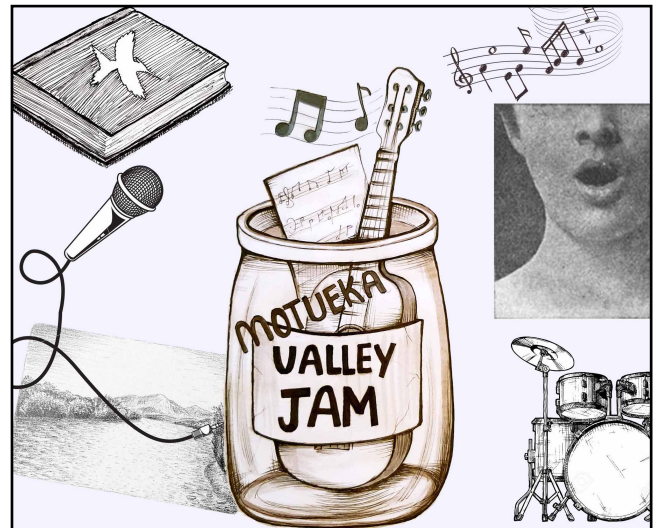
**OPERATING**

- DIGGERS
- TRUCKS/DUMP TRUCKS
- GRADERS/ROLLERS
- ... AND MORE

**SUPPLYING**

- GRAVELS
- BARK/MULCH ETC

For all earthmoving and explosives work  
Contact us on **022 659 3978**,  
[doctordigitd@gmail.com](mailto:doctordigitd@gmail.com) or find us on Facebook



**Motueka Valley Open Mic**

Come and check out our awesome valley's local musicians, storytellers, comedians and diverse folk for a night of whatever goes on the mic.

All are welcome to participate  
or just come and enjoy.

**The 2<sup>nd</sup> Thursday of every month, 7.30pm**  
Proudly supported by Ngatimoti Hall  
Committee and the MVA.  
Koha Appreciated



**Luka Droppers**  
Qualified Arborist



enquiries@thetreeteam.co.nz  
[www.thetreeteam.co.nz](http://www.thetreeteam.co.nz)  
022 083 0090

- all aspects of tree care
- road control
- free quotes
- fully insured
- hedge trimming
- large chipper and leaf blower

UV TREATMENT

WATER SOFTENERS & RO UNITS

SAND & NEUTRALISING FILTERS

DOMESTIC/COMMERCIAL PUMPS

STOCK WATER & GRAVITY FEED SUPPLIES

MICRO HYDRO PIPE LINES

WATER RAMS PUMPS

WATER TANK INSTALLATION

**water**  
FILTRATION & PUMPS

**Frans van de Loo**  
**0275 281 366**

[frans.wfp@gmail.com](mailto:frans.wfp@gmail.com)  
[waterfiltrationpumps@gmail.com](mailto:waterfiltrationpumps@gmail.com)

## IAN'S MOBILE MECHANICAL SERVICES

All vehicle & equipment servicing & repairs

We come to you ! 35 years' experience

Chainsaws & Mowers; Motorbikes & Cars;

Quads & Tractors; Trucks & Excavators; Generators

Mobile: 027 307 0303

iansmobilemechanicalservices@gmail.com



# SMA

Stephan Meier Architecture Ltd  
Enhancing people and places...

830 Westbank Rd. RD1 Motueka 7106  
ph.03-5268557 mob.021-2506780  
e-mail:stephan@smal.co.nz  
[www.smal.co.nz](http://www.smal.co.nz)



## We Need You!

Fire & Emergency are on the lookout for committed new Male & Female Volunteers

New member enquiry always welcome at FENZ Ngatimoti.  
For info around joining the team contact:  
Graham Durrant  
021 526 815



Alan Kirg  
Qualified Automotive Engineer

### Oke Manga Services

NOW ISSUING WOFs

CARS \*\* TRAILERS \*\* MOTORBIKES  
Petrol & Diesel Engines — Farm Machinery  
\* All Repair Work \* Hay Contracting \*

Phone 03 526 8624 Mobile 021 145 9325

# Nature Kids

Early Childhood Education Centre

Free hours for 2 to 5 year olds  
24 hrs for 3-5 years  
2 mornings for 2 year olds  
Conditions apply

12 Queen Victoria Street Motueka, 528 8700.  
[www.naturekids.co.nz](http://www.naturekids.co.nz) [naturekidsmotueka@gmail.com](mailto:naturekidsmotueka@gmail.com)

## Motueka Valley Association

Meetings every 2<sup>nd</sup> Wednesday of the month at 8pm (7.30pm in winter) in the Ngatimoti Community Rooms.

*Everyone always welcome!*

For community concerns email the MVA at [info@mva.org.nz](mailto:info@mva.org.nz) or contact any of the following **committee members**:

Peter Laufkotter	526 8554
Fiona Nelson	020 4160 1968
Joel Briffault	021 0284 7245
Fay Knight	022 320 0449

### about your newsletter

Kamal Willis has taken over the role of newsletter editor from Suji. For your stories, photos, advertisements by the 20th of the month and/or feedback you can contact him on [newsletter@mva.org.nz](mailto:newsletter@mva.org.nz)

- Delivered to 500 homes in the Motueka Valley from Feb to Dec
- Advertising rate: \$2.00 per column cm
- Online newsletter + archives: [www.mva.org.nz](http://www.mva.org.nz)

[www.mva.org.nz](http://www.mva.org.nz)

### local halls/facilities

Ngatimoti Memorial Hall • Bex Douglas  
021 173 1279 • [ngatimoti.hall@gmail.com](mailto:ngatimoti.hall@gmail.com)

Ngatimoti Community Rooms • Sarah Brashaw  
526 8026

Pokororo Hall • Sylvia Arnold • 526 8282

Woodstock Hall • Kerry Hall • 543 3884

## Billy's Truck & Digger hire

- for all earth moving
- house sites
- hole boring 300/450/600mm
- ditch clearing
- re-graveling driveways
- water tank placement
- gravel supplies



For 25 years experience phone Billy, 021 170 2528.

This newsletter has been kindly printed by

# FUJIFILM

Value from Innovation

55 Collingwood Street, Nelson